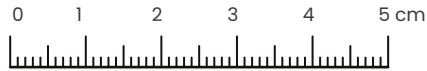
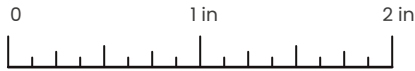


Free practice pages

For readers of Print Handwriting Workbook for Adults.

Check the print size first. The ruler below should measure exactly 2 in and 5 cm.
If it comes out shorter, print again at 100% ("actual size"), not "fit to page".



WHAT'S IN THIS FILE

Page 2	Size 1 rows, large (0.34 in, 8.6 mm)
Page 3	Size 2 rows, medium (0.26 in, 6.6 mm)
Page 4	Size 3 rows, small (0.20 in, 5.1 mm)
Page 5	Notebook lines, college ruled ($9/32$ in, 7.1 mm)
Page 6	Notebook lines, wide ruled ($11/32$ in, 8.7 mm)
Page 7	Warm-up patterns
Page 8	Blank cards
Page 9	Form
Page 10	Envelopes

Sizes are measured from the baseline to the top line, as in the book.
Print only the pages you need, as many times as you like.

These pages are free for your own use and your family's. Please share the link
rather than the file: hattiebrennock.com/print

Handwriting practice lines for Size 1 · Large. The page contains 10 sets of horizontal lines, each consisting of a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.

Handwriting practice lines for Size 2 Medium. The page contains 15 sets of horizontal lines, each consisting of a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.

Handwriting practice lines for Size 3 · Small. The page contains 10 sets of horizontal lines, each consisting of a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.

Handwriting practice lines consisting of 30 horizontal lines.

WARM-UP PATTERNS

Handwriting practice lines featuring eight rows of warm-up patterns. Each row consists of three horizontal lines (top, middle dashed, and bottom) and a starting dot on the middle line. The patterns are as follows:

- Row 1: A series of connected 'u' shapes, starting from the middle line, touching the bottom line, and returning to the middle line.
- Row 2: A series of connected 'u' shapes, starting from the middle line, touching the bottom line, and returning to the middle line.
- Row 3: A series of connected 'M' shapes, starting from the middle line, touching the top and bottom lines, and returning to the middle line.
- Row 4: A series of connected 'u' shapes, starting from the middle line, touching the bottom line, and returning to the middle line.
- Row 5: A series of connected 'u' shapes, starting from the middle line, touching the bottom line, and returning to the middle line.
- Row 6: A series of connected 'M' shapes, starting from the middle line, touching the top and bottom lines, and returning to the middle line.
- Row 7: A series of connected 'u' shapes, starting from the middle line, touching the bottom line, and returning to the middle line.
- Row 8: A series of connected 'u' shapes, starting from the middle line, touching the bottom line, and returning to the middle line.



LAST NAME

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FIRST NAME

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STREET ADDRESS

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CITY

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STATE

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ZIP CODE

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PHONE

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DATE

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EMAIL (your usual handwriting)

LAST NAME

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FIRST NAME

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STREET ADDRESS

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CITY

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STATE

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EMAIL (your usual handwriting)

ENVELOPES

